

Overactive bladder symptom score (OABSS)

Circle the score that best applies to your urinary symptoms during the past week

Q1. How many times do you typically urinate, from waking in the morning until sleeping at night?

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|--------------|-----|
| a. ≤ 7 | = 0 |
| b. 8–14 | = 1 |
| c. ≥ 15 | = 2 |

Q2. How many times do you typically wake up to urinate, from sleeping at night until waking in the morning?

- | | |
|----------------|-----|
| a. <i>None</i> | = 0 |
| b. 1 | = 1 |
| c. 2 | = 2 |
| d. ≥ 3 | = 3 |

Q3. How often do you have a sudden desire to urinate, which is difficult to defer?

- | | |
|-------------------------------------------|-----|
| a. <i>None</i> | = 0 |
| b. <i>Less than once a week</i> | = 1 |
| c. <i>Once a week or more</i> | = 2 |
| d. <i>About once a day</i> | = 3 |
| e. <i>2–4 times a day</i> | = 4 |
| f. <i>≥ 5 times a day</i> | = 5 |

Q4. How often do you leak urine because you cannot defer the sudden desire to urinate?

- | | |
|-------------------------------------------|-----|
| a. <i>None</i> | = 0 |
| b. <i>Less than once a week</i> | = 1 |
| c. <i>Once a week or more</i> | = 2 |
| d. <i>About once a day</i> | = 3 |
| e. <i>2–4 times a day</i> | = 4 |
| f. <i>≥ 5 times a day</i> | = 5 |

TOTAL SCORE = _____ SEVERITY SCORE (mild, mod, severe) = _____

Total score is the sum of the four scores. Severity Score: mild = total score of 3–5 points, moderate = 6–11 points, severe = 12 or more points.